

CARE OF MOUTH AFTER EXTRACTIONS

- Immediately following a tooth extraction, keep pressure on the gauze until the bleeding stops (approximately 30 minutes).
- Do not smoke, rinse your mouth vigorously or drink through a straw for 24 hours. These activities will disturb the healing clot.
- Immediately after a tooth is extracted, you may experience some discomfort and notice some swelling.
- To reduce swelling, use ice packs for the first 24 hours; leave pack on for 20 minute, then remove for 20 minutes and repeat.
- Reduce strenuous activity for the first 24 hours.
- Drink plenty of fluids and maintain as normal a diet as possible which may be limited to soft foods for the first few days.
- Avoid alcoholic beverage and hot liquids.
- If prescribed pain medicine, take _____ tabs of _____ every _____ hours as needed for pain.
- If prescribed Motrin, take 600 mg every 6 hours until swelling is gone.
- If prescribed antibiotics, take _____ tabs of _____ every _____ hours as directed until gone.
- Brush and floss as normal, being extra careful around the extraction area(s).
- On the following day and for the first week, gently rinse your mouth with warm salt water, peroxide or peridex two to three times daily.
- If you have prolonged or sever pain, swelling, bleeding or fever, call the doctors at the office at 605-224-6111, or after hours on their cell phones: Dr. Chuck at 605-280-5252, Dr. Kathy at 605-280-5251, or Dr. Pat at 605-280-0250.
- Occasionally bone chips may develop 2-3 weeks after the removal appointment. This is not uncommon, however please call our office to schedule an appointment to have the doctor remove them.